



LIFE LINE

Volume 4, Issue 2

October 8, 2015

LIFE

Leadership Inventory for Female Executives

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Being a police officer is among the noblest of professions. It takes a very special person to wake up each morning and go to work knowing what you will face as an officer. These last few months have been especially difficult for the men and women of Law Enforcement. We would like to a moment to remember those who we have lost and to thank each and every one of you who sacrifice for this job every day.

LIFE'S BRAGS

Paula Veach– Class 7– Promoted to Commander - Phoenix PD (August 2015)

Lynn Boydston– Class 6– Running for sheriff of Bastrop County (announced May 2015)

Amy Janik– Class 6– 20 years of service– Georgetown PD (August 2015)

Elisa Howell– Class 13- Placed #2 on Sergeant’s list- Denton PD (September 2015)

Paula Claunch– Class 9– Promoted to Lieutenant– Stephenville PD (April 2015)

Yvette Shorten– Class 6– Elected Board Member– National Immune Deficiency Foundation (June 2015)

Calendar of Upcoming Events

Date	Class Name
November 9-13, 2015	LIFE 14
March 7-11, 2016	LIFE 15
July 25-29, 2016	LIFE 16

Third Annual LIFE Conference: "Coming Back to LIFE"



Attendees: Jody Aranda, Rhonda Barton, Jill Blake, Rebecca Bowden, Ginger Campos, Deanna Cantrell, Carrie Castrovinci, Susan Clifton, Katherine Davis, Tandi Dean, Dr. Magdalena Denham, Dee Donovan-Murph, Jeanne Marie Ewing, Casey Ferguson, Helen Garrett, Holly Horton, Amy Janik, Amanda Kennedy, Shelley Knight, Renee Koog, Becky Lehn, Dawn Lewis, Diane Lowe, Cathy Masters, Bobette McGilberry, Lacey Mericle, Courtney Mize, Elaine Moya, Sabrina Nauling, Stephanie O'Bannon, Sinica Pittman, Sonia Salinas, Yvette Shorten, Glenda Smith, Cheryl Southwell, Sue Taylor, Lahoma Vaughn, Paula Veach, Vickie Weatherspoon.

Officer Safety Bulletin: Handcuff Keys



UNCLASSIFIED//LAW ENFORCEMENT SENSITIVE

Delaware Valley Intelligence Center

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Voice: (215) 897-0800 · Fax: (215) 683-2794 · E-mail: DVIC@phila.gov

DVIC Control #15-961

23 July, 2015

***** OFFICER SAFETY *****

SCOPE: *These items are being sold on eBay and are extremely difficult to notice that they are handcuff keys. Police Officers should remain cautious and observant during arrests and prior to transportation of all prisoners.*



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DVIC encourages your feedback. Please take a moment to complete our survey available at <http://goo.gl/forms/LKVE4vf950>.

UNCLASSIFIED//LAW ENFORCEMENT SENSITIVE

LIFE Welcomes Class 12: "Determined Dozen"



Officer Cathy Allen– Texas State University Police Department

Detective Yolanda Avalos– Rice University Police Department

Officer Courtney Brady– Longview Police Department

Investigator Ginger Campos– Office of the Inspector General TDCJ

Master Officer Dee Donovan-Murph– Texas A&M Police Department

Officer Lora Gast– Fort Bend ISD Police Department

Detective Rebecca Graves– Grapevine Police Department

Corporal Cindy Hawkins– Plainview Police Department

Assistant Academy Manager Patt Hollingsworth– NCTCOG Regional Police Academy

Detective Sonya Johnson– Marshall Police Department

Sergeant Becky Lehn– Montgomery Police Department

Lieutenant Leah Lewis– Southlake Police Department

Ms. Stephanie O'Bannon– LEMIT/SHSU

Deputy Christian Parker– HCSO/Community Service

Sergeant Dorcy Riddle– Conroe Police Department

Lieutenant Lahoma Vaughn– Burkburnett Police Department

Lieutenant Carrie White– North Richland Hills Police Department

LIFE Welcomes Class 13: "Pristine Thirteen"



Sergeant Alex Adames– Rice University Police Department

Lieutenant Mandy Baker– Arlington Police Department

Officer Noelle Blain– Waxahachie Police Department

Assistant Chief Laurie Christensen– Harris County Fire Marshal's Office

Captain Vanessa Garza– Spring ISD Police Department

Officer Crystal Helenberg– Pflugerville ISD Police Department

Detective Elisa Howell-Denton Police Department

Lieutenant Amy Penn-Frenship ISD Police Department

Lieutenant Dawn Ratcliff-Saldana– Dallas County Sheriff's Office

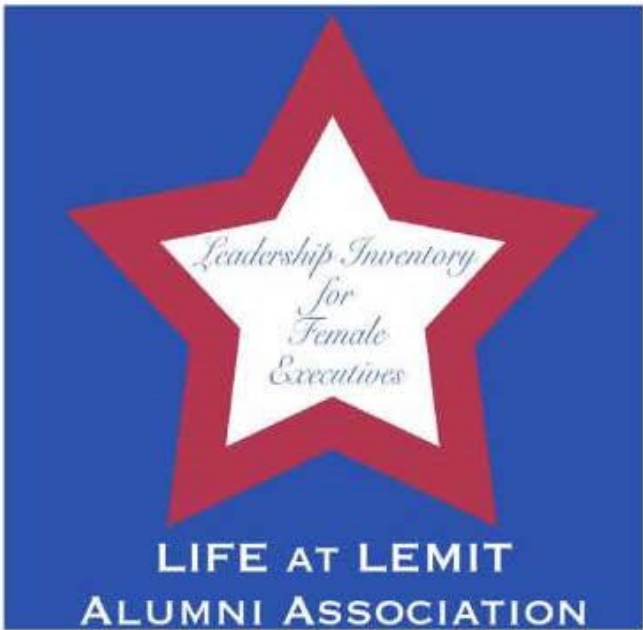
Officer Jenny Robles– Fort Bend ISD Police Department

Detective Ramona Rosborough– University of North Texas Police Department

Detective Sol Thomas– Houston Police Department

Sergeant Donna Valdepena– Wylie Police Department

Sergeant AJ Walker– Houston ISD Police Department



LIFE Alumni Association

Updates & Announcements

LIFE Alumni Association

Updates & Announcements

ARE YOU A MEMBER YET??

UPCOMING DATES

If you have not yet joined the **LIFE at LEMIT Alumni Association**, please consider doing so ASAP! Our 2015-2016 membership drive will remain open through December 31, 2015. Membership will then be renewable each year by the end of the Annual Conference.

Simply complete the attached membership application and send it, along with a check for the \$35 annual membership dues to Renee Koog or Amy Janik (address is listed on the form). Please make checks payable to LIFE Alumni Association.

If you prefer to pay your annual dues by credit card, you may contact Amy at (512) 507-0672 to process your card.

As an association, LIFE graduates are better able to communicate, network, socialize, and maintain the strength and integrity of the LIFE sisterhood. Your membership dues will help to offset the operating costs of the Association, including website design and maintenance, membership directory, 501(c)4 non-profit designation, plus membership will

entitle you to a lower conference fee for our annual conference.

If you have any questions about Association membership, please contact any Board member by emailing life.lemit@gmail.com.

LIFE AT LEMIT ALUMNI ASSOCIATION Executive Board Members

PRESIDENT - Capt. Shelley Knight, Dallas County Sheriff's Office

VICE-PRESIDENT - Lt. Amy Janik, Georgetown PD

SECRETARY - Lt. Courtney Mize, TDCJ-Office of the Inspector General, Huntsville

TREASURER - Sgt. Renee Koog, Georgetown PD

SGT AT ARMS - Lt. Paula Claunch, Stephenville PD

SGT AT ARMS - Rebecca Bowden, LEMIT

HISTORIAN - Lt. Eline Moya, Victoria PD

PUBLIC RELATIONS - Ofc. Sue Taylor, Texas State University PD

CHAPLAIN - Sgt. Sabrina Naulings, Houston ISD PD

MEMBERS AT LARGE:
- Yvette Shorten, LEMIT
- Dr. Rita Watkins, LEMIT
- Diane Lowe, Maxlowe Ltd

November 9-13, 2015

LIFE 14 Class (Registration FULL)

November 12, 2015 LIFE Association Board Meeting

We will be discussing group fundraising opportunities, among other things. If you have a great idea for a fundraiser for our association, please email your idea to the Board prior to this meeting at life.lemit@gmail.com.

March 7-11, 2016

LIFE 15 Class (Registration Open)

Association Board Meeting is anticipated this week

July 25-29, 2016

LIFE 16 Class (Registration Open)

Association Board Meeting is anticipated this week

Oct 31-Nov 4, 2016

LIFE 17 Class (Registration Open)

November 7-11, 2016

LIFE Alumni Association

4th Annual Conference

Exact dates within this week TBD



LIFE ALUMNI ASSOCIATION
2015-2016 Membership Application

(Dues of \$35 renewable by November 30 each year after 2015)

Please complete one of m for each member

PLEASE PRINT CLEARLY

Name: _____ **Rank /Title:** _____

Department: _____

Dept. Mailing Address: _____

City: _____ **State** _____ **ZIP** _____

Work Ph#: _____

(E-mail - please circle your preferred email address for correspondence from the LIFE Alumni Association)

Work email: _____

Personal Email: _____

Home mailing address: _____

City: _____ **State:** _____ **ZIP:** _____

Home Phone #: _____ **LIFE Class #** _____

Membership Dues - \$35 per year

(Graduates of LIFE classes after July 9, 2015 - 1st year membership dues waived)

Make Checks Payable to: LIFE Alumni Association

Mail check and payment to:
LIFE Alumni Association
Renee Koog, Treasurer
 Georgetown Police Department
 3500 DB Wood Dr.
 Georgetown TX 78628

Dues Paid By:
 EventBrite (Confirmation #) _____
 Check # / Rec'd by _____
 Cash (Rec'd By) _____
 Credit Card (Date) _____
 Waived (graduation date) _____

*To pay by credit card, contact Amy Janik at (512) 507-0672

Submitted Articles

Taking Constructive Criticism Like a Champ

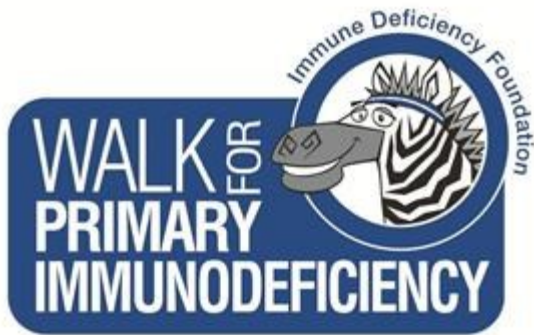
<http://www.fastcompany.com/3050067/hit-the-ground-running/7-traits-all-great-mentors-have>

Submitted By: Deanna Cantrell

7 Traits Of Great Mentors

<http://www.fastcompany.com/3050067/hit-the-ground-running/7-traits-all-great-mentors-have>

Submitted By: Deanna Cantrell



Raising Awareness. Powering Research.



Houston, TX — Discovery Green
Sunday, November 15, 2015
8:30 am— Registration
10am—Walk Starts

Contact Yvette Shorten
wys001@shsu.edu

LIFE Sister Team

Email Brags, Articles and Pictures to
Stephanie O'Bannon at sao003@shsu.edu by
February 1st for the Winter edition of LIFELINE.

If your email address has changed over the past year please notify Stephanie.